

Your participation in the SVH Breast Cancer Awareness Walk makes a difference for women seeking care at SVH Women's Health. Walk proceeds go to SVH's Nancy Stone Fund, which provides free breast imaging services to area women in need.

All walkers who pay the \$10 registration fee receive an appreciation gift, and registered walkers who raise at least \$50 in pledges receive a gift as our thanks for supporting this important cause. There will be additional prizes for individuals who raise the most pledge money. Have a great time raising money and walking for breast cancer awareness.

A Message to Walkers: You can ensure your success on the day of the walk by drinking plenty of water, wearing comfortable and supportive shoes, seeking approval from your physician beforehand (if necessary), and stopping if you feel lightheaded or dizzy.

Team Guidelines

Please indicate on your registration form that you are part of a team so your team can receive credit for your participation.

Other info:

- *Choice of one- or two-mile walk routes*
- *Walkers should bring contribution sheets and checks to the walk on October 17th. SVH cannot send invoices for uncollected money.*



Saturday, October 17th

at

MCI Wright Gym, Pittsfield

9 AM Registration • 9:45 AM Start

295 Main Street, Pittsfield

*Please join us after the walk in Wright's Gym
for the SVH Community Health Fair!*

TOGETHER We're Stronger

